

Shoreline Community College cares about its students and is committed to supporting students who may be impacted by sexual assault. There are resources available to support any student impacted by sexual assault.

### **What is Sexual Assault?**

Sexual assault is a form of harassment and violence which includes a wide range of victimizations. It occurs when a person is forced, coerced, and/or manipulated into unwanted sexual activity.

Sexual assault can occur in many forms and depending on where you live may have different terms and definitions. [RAINN](#), the nation's largest anti-sexual violence organization, helps define different [types of sexual violence](#), as well as other kinds of violence that often arise hand-in-hand with sexual violence.

*Remember, sexual assault is never the victim's fault.*

### **Understanding Sexual Assault – You are NOT Alone**

- 1 out of every 4 college women living in the U.S. has been a survivor of an attempted or completed rape in her lifetime
- Approximately 2/3 of assaults are committed by someone known to the victim
- About 3% of American men – or 1 in 33 – have experienced an attempted or completed rape in their lifetime
- 17.6% of all women in the U.S. will experience rape or attempted rape; of those women, over 75% report as women of color – 18.8% Black/African American and 34.1% American Indian/Alaska Native
- 13.2% of bisexual men and 11.6% of gay men were raped in adulthood, compared to 1.6% of heterosexual men
- 46% of bisexual women have been raped, compared to 13% of lesbians and 17% of heterosexual women
- More than 25% of transgender individuals had been sexually assaulted after the age of 13
- 80% of victims are under the age of 30; nearly half of those victims are under the age of 18
- Every 107 seconds, another person in the U.S. is sexually assaulted
- 68% of sexual assaults are not reported to the police
- 38% of sexual assaults are committed by a friend or acquaintance ([www.rainn.org](http://www.rainn.org))

### **What if I Am Assaulted?**

- Assure your safety--get to a place that is safe. **Call 911.**
- Contact someone who can help you. This could be:
  - an advocate from the nearest [sexual assault center](#) (1.800.656.HOPE or 4673),
  - [Shoreline Community College Counseling Services](#) (206.546.4509), or
  - law enforcement (911),
  - Campus Security (206.235.5860),
  - a trusted friend or family member.

- If possible, preserve evidence of the attack; don't bathe, brush your teeth, or change or destroy your clothing — your clothes are also evidence.
- If the assault took place in your home, do not rearrange and/or clean up anything.
- As soon as you are safe, go to the nearest hospital Emergency Department. Even if you do not think you have any medical issues as a result of the attack, it is best to have a doctor check that there are no unseen injuries, to discuss emergency contraception, etc. The hospital can sometimes collect evidence up to 72 hours after an attack, although an immediate exam is most likely to gather evidence. Both the police and a sexual assault center advocate can meet you at the hospital.
- As soon as you can, write down every detail that you can remember.
- And remember, what happened *is not your fault*, and *recovery is possible*.

### How Can Shoreline Community College Provide Support?

Shoreline Community College is committed to creating and maintaining a safe campus environment. The College provides the following support and resources to those who may have been impacted by sexual assault:

- **Counseling services** and referral to resources are available through SCC's [Counseling Services](#). We will provide *confidential* support and share information about how the College may best support you. Contact services at 206.546.4559 or FOSS 5229.
- Our **Women's Center** can provide support and additional resources. Contact the [Women's Center](#) at 206.546.4715.
- **SCC's Safety & Security** is available for the report of an emergency or a crime, to call law enforcement to file a report as well as *provide safety planning and escort to your car or bus*. Contact [Safety & Security](#) at 206.235.5860.

### How do I Make a Police Report?

**911** – your local law enforcement can meet you to file a police report. The campus can offer a safe place to file a report with law enforcement. *The campus will not file a police report for you if you are 18 years of age or older.*

### How do I Make a Report to SCC?

The College must be proactive and support students who are impacted by sexual violence, including sexual assault. Support may be in the form of providing academic accommodations; employment accommodations, campus no-contact orders, and counseling services and other support.

**For reporting to SCC**, contact the campus's [Title IX](#) coordinators: Stephen Smith, VP for Human Resources and Legal Affairs (206.546.4694) and Kim Thompson, Dean of Students (206.546.4641).

When making a report, you will be asked to recount events, either verbally or in writing. The College will make every effort to make the environment safe, protect students from retaliatory harassment or behavior, provide resources, and deliver support necessary for

continuing your education. The College is responsible for promptly and thoroughly investigating the report regardless of whether you file a report.

### **Advocacy Resources - 24-hour / 7 Days a Week - Free - Confidential - Secure**

Sexual assault hotlines are confidential, offer someone to listen and provide immediate support during a critical time.

- [National Hotline](#) will connect you to local sexual assault center: 1.800.656.HOPE (4673)
- National Sexual Assault [Online Hotline](#) provides live, secure and anonymous crisis support for victims, their friends, and families.
- [King County Sexual Assault Resource Center](#): 1.888.998.6423
- [Snohomish County Providence Intervention Center for Assault and Abuse](#): 425.252.4800

### **Other Resources**

- [Harborview Center for Sexual Assault and Traumatic Stress](#): 206.744.1600
- [WCSAP](#) – Washington Coalition of Sexual Assault Programs
- [The Northwest Network](#) – a resource for Bisexual, Trans, Lesbian and Gay Survivors of Abuse: 206.568.7777
- [Washington State Crime Victim Compensation Program](#): 1.800.762.3716
- [Washington State Crime Victim Resource Guide Listed by County](#)
- [RAINN](#) (National Anti-Sexual Violence Organization)
- [Not Alone](#) (U.S. Government Resource)
- [Know Your IX](#) – a student-centered resource to help students understand Title IX

### **What to expect if you call a hotline or program:**

- **A caring, listening ear.** People who can listen and help you sort out options.
- **Advocacy services.** Trained advocates who can help with welfare, Child Protective Services, Disability Services, Immigration, Housing, Employment protections and more.
- **Emergency Shelter.** Many programs may help with referral to shelter or safe homes.
- **Transitional Housing.** Some programs may have longer term housing for survivors.
- **Support groups.** Some programs run groups for children, youth and adults.
- **Legal advocacy.** Information about protection orders and other civil matters. Most programs do not provide legal counsel, but can refer you to free or low cost attorneys.
- **Crisis services.** 24 –hour crisis services.

### **What Should I do if my Friend/Partner/Family Member Has Been Sexually Assaulted?**

This significant person in your life needs your support. You can provide that support by:

- Validating their feelings
- Refraining from questioning their experience
- Having patience with their healing and recovery. It will take time.

- Reminding them that sexual abuse is not their fault
- Letting them know that you believe them
- Allowing them to express feelings
- Reinforcing the importance of getting medical assistance
- Supporting their decision to report or not report
- Getting support yourself
- Encouraging the survivor's creation of a strong network of support