

Emergency Preparedness 101



About the class:

Emergency Preparedness 101 prioritizes threats like earthquakes, floods, wildfires, storms, man-made situations, etc. so you can build a plan for preparedness, along with creating strategies for handling emergencies.

The class focuses on practical, actionable strategies to protect yourself and your loved ones without dwelling on fear. From understanding local risks to creating an adaptable emergency plan, the course equips you with essential skills, knowledge and resources empowering you to face potential crises with a plan.

Details:

This class will be doing demonstrations on fire suppression, water purification, building a warm room and cooking without power. We will also practice some first aid and taking vital signs.

Last hour will be optional for hands-on activities and practice such as: fire extinguisher practice, blood pressure and first aid tips, etc.!

Class starts Sat, July 26th
9 AM - 2 PM | Fee: \$69
On campus, Room 1402



Register now!
shoreline.edu/continuing-ed



Michael Boehm has been actively practicing emergency preparedness for approx. 30 years. He is passionate about practicing, teaching and helping people plan for their family's safety in emergency situations.

Michael is a nationally recognized EMT and volunteer firefighter in Snohomish county along with being CERT and Advanced CERT trained responder.



Continuing Education

(206) 546-4538 | www.shoreline.edu/continuing-ed
16101 Greenwood Avenue N., Shoreline, WA 98133