

### Northwest Athletic Conference – Shoreline Community College COVID-19 ASSUMPTION OF RISK AND RELEASE

I acknowledge that I have voluntarily chosen to use the athletics facilities and equipment and to participate in the intercollegiate athletics activities and programs of *Shoreline Community*College sponsored through the Northwest Athletic Conference (NWAC), hereafter "the program" or "program activities".

#### A. COVID-19 ASSUMPTION OF RISK

I understand that my participation in program activities may involve foreseeable as well as unforeseeable risks to my health or safety (including death), or the health and safety of others, as a result of the worldwide spread of the novel coronavirus known as COVID-19.

COVID-19 is highly contagious and is spread by coming into personal contact with others or using shared facilities and equipment. Participating in intercollegiate athletics, including practices, competitions, physical activity or conditioning classes, may increase the risk of contracting the disease or spreading it to others, including teammates, family, and friends. Any participant may be unknowingly carrying the disease and capable of infecting others without experiencing any symptoms. Participating in competitive events with other schools, as well as traveling to such events, may also involve an enhanced risk of exposure to the virus.

COVID-19 is described by the Centers for Disease Control (CDC) as a mild to very severe respiratory illness that can result in hospitalization, respiratory or organ failure, exacerbation of underlying health conditions such as diabetes or heart or lung disease, and death. The risks of exposure can also include, but are not limited to, quarantine, social isolation and stress, medical and other expenses, loss of work and income, and disruption of educational studies. For information about COVID-19, including symptoms and prevention, visit the CDC website at <a href="https://www.cdc.gov/coronavirus/2019">www.cdc.gov/coronavirus/2019</a>.

I understand and agree that it is my responsibility to follow NWAC and *Shoreline Community College* guidelines or directives relating to my participation, including any guidelines or directives relating to social distancing, proper hygiene and handwashing practices, and the use of Page | 1 of 3 – COVID-19 Assumption of Risk

personal protective equipment (PPE) such as face masks and eye protection. I understand and agree that I am solely responsible for determining my ability to participate in the program and for notifying *Shoreline Community College* athletics staff of any medical or other health condition that would limit my ability to participate safely. I understand and agree that NWAC, the *Shoreline Community College* and its staff cannot and has not promised to guarantee or insure my health or safety. I understand that it is my responsibility to obtain any appropriate insurance coverage and to pay any medical or other expenses relating to my participation in the program.

By my signature below, I acknowledge and voluntarily assume the above described risks of participating in the program, including but not limited to the risks of traveling to or from participation sites.

#### **B.** RELEASE OF CLAIMS

If I am age 18 or over, as a condition of my being permitted to participate in intercollegiate athletics, and for and in consideration of the services provided by NWAC and the *Shoreline Community College's* athletics department, I hereby waive and release any claims that I or my estate may have against NWAC, the *Shoreline Community College*, or their trustees, directors, officers, employees, volunteers, or agents based on any loss, illness or injury (including death), that I may sustain arising from, in connection with, or incidental to my participation, whether such loss, illness or injury is caused by my own acts or omissions or by those of other program participants, NWAC or *Shoreline Community College* staff or volunteers.

If I am signing as a parent/guardian of a participant under age 18, as a condition of my student's being permitted to participate in intercollegiate athletics, and for and in consideration of the services provided by NWAC and the *Shoreline Community College's* athletics department, I hereby waive and release any claims that I or we may have against NWAC, the *Shoreline Community College*, or their trustees, directors, officers, employees, volunteers, or agents based on any loss, illness or injury (including death) that my student may sustain arising from, in connection with, or incidental to my student's participation, whether such loss, illness or injury is caused by my student's own acts or omissions or by those of other program participants, NWAC or College staff or volunteers.

I have read and understand this *COVID-19 Assumption of Risk and Release*. I further understand and agree that the foregoing Assumption and Release is intended to be enforceable to the fullest extent permitted by law.

Participant Name (Print):	
-	
Participant Signature:	
Date:	
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# If the student participant is under the age of 18, this COVID-19 Assumption of Risk and Release must be signed both by the student and by the student's parent or legal guardian:

Parent/Guardian Name (Print	t)	
Parent/Guardian Signature: _		_
Date:		

## AAG 06.19.20

Revised to be college specific to Shoreline Community College, and replaced College/College's.